

AESTHETIC SURGERY
Rosemont Business Campus
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RONALD A. LOHNER, M.D., F.A.C.S. RECONSTRUCTIVE SURGERY

Phone: 610-519-0600

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POST OPERATIVE CARE NIPPLE RECONSTRUCTION

Post op care:

- May remove dressing day after surgery **unless instructed otherwise**
- Keep wound clean and dry and apply new dressing if needed
- Leave steri-strips on the wound, do not remove. It is OK to get these wet
- Take pain medication as needed
- Take antibiotic as directed
- May shower day after surgery

What to expect:

- Swelling and bruising can occur up to 48 to 72 hours post-op. Swelling and bruising may occur in areas adjacent to area of reconstruction
- Moderate discomfort – take pain medication as directed
- Constipation may occur if taking a narcotic for discomfort – increase fluid intake and use mild laxative or stool softener if needed
- Numbness, tingling, and sensitivity to physical contact may persist for several weeks or longer

Follow-up:

- Follow up appointment 7-10 days post operatively
- No driving until 24 hours after stopping narcotic pain medication
- No heavy lifting, housework, or exercise until advised by Dr. Lohner to resume.
- Refrain from smoking for at least 10 days. Smoking slows healing and affects blood flow to operative area.

**DO NOT HESITATE TO CALL THE OFFICE WITH ANY QUESTIONS
OR CONCERNS**

Pain medication: _____

Antibiotic: _____

Follow-up: _____ **please call office to arrange
follow up appointment. 610-519-0600**