

POST OPERATIVE CARE

Implant Exchange

Post op care:

- May shower 24 hours after surgery
 - Remove all dressings and gauze. Leave white tape (steri-strips) on skin. These may get wet and fall off prior to post op visit.
- Wear sports bra or surgical bra (if given) 24/7 until post operative appointment- you may change to a sports bra if more comfortable
- Sleep on back with head, neck, and shoulders elevated
- No straining, lifting, or bending for 2 weeks
- Ok to take Tylenol immediately and Ibuprofen immediately after surgery (do not take with other acetaminophen medications such as Percocet)
- Can operate a motor vehicle 24 hours after last dose of narcotic pain medication
- Rest – can resume most activities in 1-2 weeks and exercise in 3-4 weeks

What to expect:

- Swelling and bruising can occur up to 48 hours post-op. May take several weeks (bruising) to several months (swelling) to resolve
- Moderate discomfort – take pain medication as directed
- Constipation may occur with narcotic pain medicine – increase fluid intake and use mild laxative or stool softener if needed
- Asymmetry – right and left sides will heal at different rates
- Numbness, tingling, and sensitivity to physical contact may persist for several weeks or longer

Follow-up:

- Follow up appointment 7-10 days post operatively unless otherwise directed
- Bring sports bra or other non underwire bra to follow up appointment
- May return to work 1 week post op
- No underwire in bra for 3 months
- No underwire bra in a bathing suit for 3 months.

DO NOT HESITATE TO CALL THE OFFICE WITH ANY QUESTIONS OR CONCERNS

Pain medication: _____

Antibiotic: _____

AESTHETIC SURGERY
Rosemont Business Campus
919 Conestoga Rd.
Bldg 1, Suite 200
Rosemont, Pa. 19010

RONALD A. LOHNER, M.D., F.A.C.S. RECONSTRUCTIVE SURGERY
Phone: 610-519-0600
Fax: 610-519-1238

Follow-up:_____ please call office to arrange follow up
appointment. 610-519-0600

Breast Implant Patients

Prophylactic therapy with antibiotics should be given to all patients with breast implants before dental or medical procedures. There is the potential that these procedures will release bacteria into the system, potentially contaminating the breast implant. You should inform your dentist or physician performing any invasive procedure that you have a breast implant(s) and request the standard prophylactic antibiotics. If required, the prophylaxis should be the same therapy as is given to patients who have had an artificial joint or heart valve.