

AESTHETIC SURGERY
Rosemont Business Campus
919 Conestoga Rd.
Bldg 1, Suite 200
Rosemont, Pa. 19010

RONALD A. LOHNER, M.D., F.A.C.S. RECONSTRUCTIVE SURGERY
Phone: 610-519-0600
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POST OPERATIVE CARE LIPOSUCTION

Post op care:

- Compression garment to be worn 24/7 for 1 week, then as recommended by Dr. Lohner
- May shower 24 hours after surgery
- No straining, lifting, or bending for 2 weeks
- Ok to take Tylenol immediately and Ibuprofen immediately after surgery (do not take with other acetaminophen medications such as Percocet)
- Can operate a motor vehicle 24 hours after last dose of narcotic pain medication
- Rest – can resume most activities in 2-3 weeks and exercise in 4-6 weeks

What to expect:

- Swelling and bruising can occur up to 1 week post op. May take several weeks (bruising) to several months (swelling) to resolve
- Moderate discomfort – take pain medication as directed
- Constipation may occur with narcotic pain medicine – increase fluid intake and use mild laxative or stool softener if needed
- Numbness, tingling, and sensitivity to physical contact may persist for several weeks or longer

Follow-up:

- Follow up appointment 7-10 days post operatively unless otherwise directed by Dr. Lohner
- May return to work 1 week post op

**DO NOT HESITATE TO CALL THE OFFICE WITH ANY QUESTIONS
OR CONCERNS**

Pain medication: _____

Antibiotic: _____

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RECONSTRUCTIVE SURGERY

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**Follow-up: _____ please call office to
arrange follow up appointment 610-519-0600**